

Purpose Clarity Starter Workbook

Section 1 of 8 | Start with your actual decision

What decision, transition or contribution question brought you here? Describe the situation, costs of inaction and desired clarity.

Your notes and evidence

One practical commitment:

Review date: _____ Evidence to collect: _____

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Section 2 of 8 | Your top personal values

List eight important values, rank the five most important and record a recent decision that confirms each value.

Your notes and evidence

One practical commitment:

Review date: _____ Evidence to collect: _____

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Section 3 of 8 | Your identity beyond titles

Write the roles you occupy, responsibilities you carry and strengths you can demonstrate with evidence.

Your notes and evidence

One practical commitment:

Review date: _____ Evidence to collect: _____

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Section 4 of 8 | Strengths from experience

Identify three situations where you solved a real problem. Who benefited? What did you do? What feedback supports it?

Your notes and evidence

One practical commitment:

Review date:	Evidence to collect:
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Section 5 of 8 | Purpose hypotheses

Write three working statements in this format: I can contribute to [people] by [action] using [strengths], subject to real-world validation.

Your notes and evidence

One practical commitment:

Review date:	Evidence to collect:
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Section 6 of 8 | Reality check

For each hypothesis, assess opportunity demand, skill gaps, budget, family responsibilities, local constraints and ethical concerns.

Your notes and evidence

One practical commitment:

Review date:	Evidence to collect:
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Section 7 of 8 | Thirty-day experiments

Choose three small tests with a start date, likely costs, evidence and a feedback source.

Your notes and evidence

One practical commitment:

Review date: _____ Evidence to collect: _____

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Section 8 of 8 | Review your clarity

What changed in your understanding? What decision will you make or defer? When will you reassess?

Your notes and evidence

One practical commitment:

Review date: _____ Evidence to collect: _____
